

# Declaration of Personal Beliefs and Values

Melbourne, 2024

## Introduction

I believe in living by a set of values that truly reflect who I am and what I stand for. This declaration is a way for me to clearly share the beliefs that guide my life and decisions. It's a snapshot of the principles that matter most to me and shape the way I interact with the world around me.

## Core Beliefs

### 1. **Human Rights**

I firmly support universal human rights, which include, but are not limited to, the right to life, the right to a fair trial, freedom from torture and other cruel and inhuman treatment, freedom of speech, freedom of religion, and the rights to health, education, and an adequate standard of living. I believe these rights are the foundation of a just society and must be upheld universally.

### 2. **Moral Integrity**

I uphold the moral principles of respect, responsibility, fairness, honesty, and compassion. These values guide my interactions with others and shape my decisions, ensuring that I act with integrity and kindness in all circumstances.

### 3. **Legal Immigration and Asylum Rights**

I support individuals' right to seek legal immigration and asylum. I believe that all people should have the opportunity to live in a safe environment, free from persecution, and that nations have a moral obligation to provide refuge to those in need.

#### 4. **Support for the Vulnerable**

I am committed to advocating for the rights and well-being of individuals facing challenges or obstacles due to their circumstances, including those marginalised by society. I believe in the importance of inclusivity and acceptance, ensuring that everyone has the opportunity to thrive.

#### 5. **Elimination of Racial Discrimination**

I stand against all forms of racial discrimination and actively support efforts to eliminate racism in all its manifestations. I believe in the equality of all people, regardless of race or ethnicity, and advocate for a society that values diversity and promotes inclusivity.

#### 6. **Inclusivity and Acceptance**

I support inclusivity and acceptance in all aspects of life. I believe that embracing diversity and fostering an environment where everyone feels valued and respected is essential for building a harmonious and progressive society.

#### 7. **Women's Rights and Pro-Choice Advocacy**

I am a strong supporter of women's rights, including the right to make choices about their bodies. I believe in the right to access safe and legal abortion services and advocate for policies that protect and expand women's reproductive rights.

#### 8. **Right to Die with Dignity**

I believe that it is the fundamental human right of every adult of sound mind to plan for the end of their life in a way that is reliable, peaceful, and at a time of their choosing. I support the right to die with dignity, and I advocate for legislation that allows for this choice.

#### 9. **Secularism and Atheism**

I support secularism and the separation of religion from government and public institutions. I do not believe in the existence of a deity and have no religious affiliation. My beliefs are grounded in reason, evidence, and a commitment to scientific inquiry.

#### 10. **Support for Ukraine, Israel, and National Defense**

I support the right of nations, including Ukraine and Israel, to defend their sovereignty and territorial integrity. I believe in the right of people to defend their

countries against aggression and support their efforts to maintain independence and security.

#### 11. **Commitment to Science and Knowledge**

I believe that science is a cornerstone of human progress. I support the pursuit of scientific knowledge as a means to achieve peace, development, and the betterment of society. I advocate for policies that promote scientific research and its application for the common good.

#### 12. **Pro-European Stance**

I am pro-European and support the values and principles that underpin the European Union, including unity, peace, and cooperation among member states. I believe in the importance of a strong and cohesive Europe in addressing global challenges.

#### 13. **Global Response to Climate Change**

I support a global, coordinated response to the threat of climate change. I believe that climate change is one of the most pressing issues of our time and advocate for immediate and sustained action to mitigate its effects and promote environmental sustainability.

#### 14. **Sustainable Power Sources**

I am committed to harnessing and promoting sustainable power sources. I believe in the importance of transitioning to renewable energy to ensure a sustainable future for the planet and its inhabitants.

#### 15. **Individual Freedoms and Civil Liberties**

I support individual freedoms, civil liberties, and the principle of government non-interference in economic and social matters. I believe that individuals should have the freedom to make their own choices and live their lives without undue government intervention.

#### 16. **Support for Free Markets and Entrepreneurship**

I support the promotion of individual choice and entrepreneurship, and I believe in the benefits of competition, reduced government spending, and the distribution of wealth through hard work and innovation. I advocate for free-market ideologies that prioritize efficiency, innovation, and economic growth.

## 17. Personal Ideologies

I hold dear the ideas of Integrity, Empathy, Curiosity, Resilience, Growth Mindset, Simplicity, Innovation, Responsibility, Authenticity, Compassion, Gratitude, Humility, Perseverance, Open-mindedness, Respect for Others, Continuous Learning, Self-discipline, Collaboration, Justice, and Courage. These values guide my personal and professional life and are integral to my character.

## Vision and purpose

The principles outlined in this declaration are not just ideals but are the foundation of my vision for a world where human rights, dignity, and freedom are universally respected. My purpose is to advocate for these values, ensuring they shape my actions, influence my decisions, and drive my commitment to creating a just and compassionate society.

## Call to action

I pledge to uphold these beliefs with unwavering dedication throughout my life and beyond. I strive to inspire others to embrace these values, not just in our time but for future generations. Even after I am gone, I hope this declaration will continue to guide and influence those who share these principles, ensuring that these ideals live on, shaping a better, more compassionate world for everyone.

**Antonios Bouris**